



| STEAM+ | Activity | Extras (Optional) |
|-----------------------|---|--|
| <p>Science</p> | <p>Check out the website given below. https://www.inaturalist.org/check_lists/6251-San-Elijo-Lagoon-Ecological-Reserve-Check-List?page=2 https://animals.sandiegozoo.org/habitats/wetlands Make a flier for A WETLAND - Describe a wetland Choose 1 plant or animal that you may find in a wetland habitat Draw a picture of this plant / animal. Describe this plant/animal and how it is adapted to its habitat What can people do to protect this habitat.</p> | <p>https://aamboceanservice.blob.core.windows.net/oceanservice-prod/education/sea-level-rise/sea-level-rise-graph.pdf</p> |
| <p>Tech</p> | <p>Please help your student with these self instructed links: https://www.thhawks.com/home-learning 1. 15 minutes practice in Typing Club. 2. Please login to Clever to access Typing Club 3. Another fun website for Uppergrades grades is Typetastic. Enter Code: red panda https://typetastic.com/learn2.html# 4. 30 minutes SCRATCH would be great. https://scratch.mit.edu/projects/editor/?tutorial=all Students can choose an activity to code using Scratch. These are tutorials</p> | <p>Or Other Fun Code activities: Kodables https://www.thhawks.com/3rd-grade Select the corresponding character (Racoon/Deer/Gorilla) next to the teachers name. This is a free version of Kodables with some activities. Hour of CODE https://hourofcode.com/us/learn Students can explore more fun learning activities on my website. www.thhawks.com</p> |
| <p>Art</p> | <p>This week, Student Artists will be collecting objects from nature, such as leaves and flowers to create Nature Paintings! For these lessons, student artists will need, paint (acrylic or tempura), construction paper, crayons, and objects from nature such as leaves or flowers. Please view the video below, and have fun! Go to: https://www.youtube.com/watch?v=9v5vonHSE5I</p> | |
| <p>Music</p> | <p>Hi 3rd grade families! For music the week of 3/23, please practice your songs for Biomes. I've attached the music and song lyrics so you can sing at home. Also, practice your speaking parts from memory. Lastly, enjoy exploring the San Francisco Symphony website. Miss you and see you soon! Love, Ms. Neilson 3rd Biomes Song Lyrics 3rd Biomes Songs</p> | <p>San Francisco Symphony - Kids Fun & Games Perform on Instruments Directions to get started: 1. Search for sfskids.org 2. Welcome page – select “Perform” 3. “Let’s Start”</p> |
| <p>PE</p> | <p>I am recommending two 20 min walks with your family or caregiver daily if possible. Along with a Tabata fitness workout. https://www.youtube.com/watch?v=Z4ziWoCuf5g Above is a link to a Tabata video. 8 exercises for 20 sec that have a 10 sec rest/transition period. I recommend watching the first time for form. Then attempting to follow along. Do your best to keep good form. Complete the 4 min video two times for 8 min of whole body fitness. I did this with my 4th grader and 6th graders and they enjoyed it very much. Watching first helped them know what move is coming next. Parents please feel free to join in and help your child with form. It is ok if its not perfect just encourage your child to have fun!</p> | <p>3rd grade it is important to keep yourself as active as possible during this time. If you are unable to go for long walks try shorter distances(around your house, apartment complex. ect.) Of course other activities can be performed such as bike riding, roller blading, running. Substituting any 20 min activity is ok. Over the past few days I have already seen many families out walking and keeping fitness as a priority. Great work!</p> |